

New Client Intake Form

About you ...

Name _____ Date of birth _____

Occupation _____

Best way to contact you _____

Emergency contact (name and number) _____

Please provide any of the following to be updated on my practice, including seasonal specials. I'll never give, trade or sell any of your information away, promise.

Address (include city, state, zip): _____

Email: _____ Phone: _____

Have you received massage therapy before? Yes No

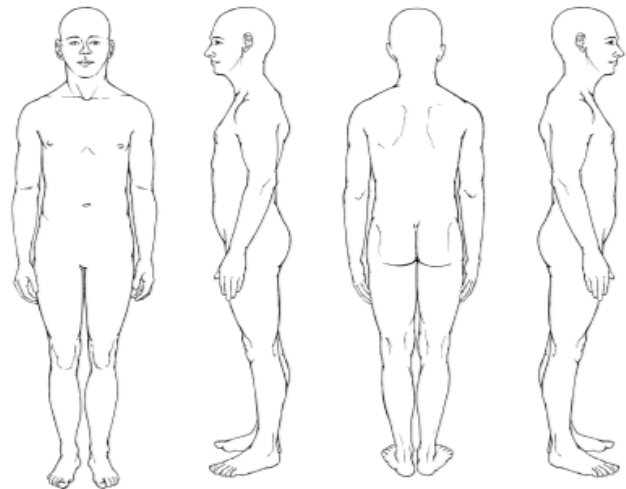
Do you have any difficulty lying on your front, back, or side? Yes No

Has your skin ever reacted to any oil, cream, lotion or ointment? Yes No
If yes, please tell me more.

Please give me a short explanation of what you do at work (focusing on your physical body).

About what brings you here today ...

Do you have any particular goals for our session(s) together? If yes, what are they?



Using these body images, please identify areas of pain, tension, numbness, or that you'd just like me to focus on today.

(please complete the other side, too)

Your medical condition and history ...

What medications, if any, are you taking? Please include herbs and supplements.

Please check any condition listed below that applies to you.

- | | |
|---|---|
| <input type="checkbox"/> allergies/sensitivity | <input type="checkbox"/> heart condition |
| <input type="checkbox"/> artificial joint | <input type="checkbox"/> high or low blood pressure |
| <input type="checkbox"/> atherosclerosis | <input type="checkbox"/> open sores or wounds |
| <input type="checkbox"/> back/neck problems | <input type="checkbox"/> osteoarthritis |
| <input type="checkbox"/> cancer | <input type="checkbox"/> osteoporosis |
| <input type="checkbox"/> carpal tunnel syndrome | <input type="checkbox"/> phlebitis |
| <input type="checkbox"/> circulatory disorder | <input type="checkbox"/> recent accident or injury |
| <input type="checkbox"/> contagious skin condition | <input type="checkbox"/> recent fracture |
| <input type="checkbox"/> current fever | <input type="checkbox"/> recent surgery |
| <input type="checkbox"/> decreased sensation | <input type="checkbox"/> rheumatoid arthritis or any joint disorder |
| <input type="checkbox"/> deep vein thrombosis/blood clots | <input type="checkbox"/> sprains/strains |
| <input type="checkbox"/> diabetes | <input type="checkbox"/> swollen glands |
| <input type="checkbox"/> easy bruising | <input type="checkbox"/> tendonitis or tendonosis |
| <input type="checkbox"/> epilepsy | <input type="checkbox"/> tennis elbow |
| <input type="checkbox"/> fibromyalgia | <input type="checkbox"/> TMJ disorder |
| <input type="checkbox"/> headaches/migraines | <input type="checkbox"/> varicose veins |

Please explain any condition you marked above.

Is there anything else about your health history that would be useful for me to know in order to plan a safe and effective treatment for you?

Please let me know if any of the following apply to you from this point on:

- You experience pain or discomfort (beyond what you deem acceptable) during the session
- You have questions about your treatment—what I’m doing and why—at any time
- Your medical condition (i.e. what you’ve filled out on this form) changes in any way

To your health! Your signature below states that you agree to the above.

You _____ Date _____

Me _____ Date _____